

Monday

Breakfast

Entrees

Multi-Grain, French Toast with A Strawberry Garnish,
Drizzle of Melted Butter and A Scoop of Yôgurt With
A Sprinkle of Fresh Cinnamon
and Maple Syrup

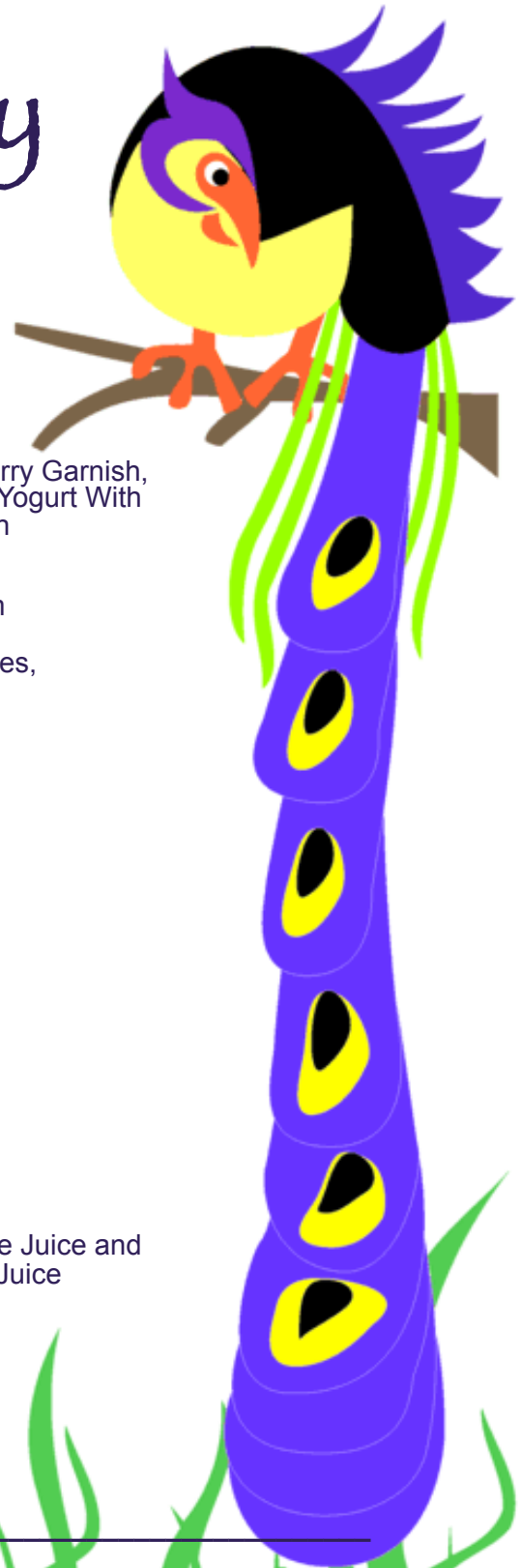
❖
Breakfast Burrito: Fresh From
The Farm Scrambled Eggs,
Roasted Crispy Buttered Potatoes,
Smoked Bacon,
and
Melted Gouda Cheese with
A Garnish of Cilantro

Sides

A Fresh Fruit Bar
With Your Choice of
Cantaloupe, Strawberries
&
Bananas

Beverages

1% Milk, 1% Chocolate Milk, 100% Apple Juice and
100% Freshly Squeezed Orange Juice



Tuesday

Breakfast

Entrees

Breakfast Sandwich: Lightly Fried Egg and Melted Cheddar Cheese on A Toasted Whole Grain, Buttered, English Muffin with an Orange Twist Garnish

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Multi-Grain, Butter Milk-Waffles with Toasted Ground Flax Seed, Walnuts, and A Homemade Fresh Blueberry Sauce to Top It Off with an Orange Twist Garnish

Sides

Locally Grown Fresh Cherries & Orange Slices

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Turkey Sausage Links
-or-
Crispy Maple Bacon

Beverages

1% Milk, 1% Chocolate Milk, 100% Apple Juice and 100% Freshly Made Watermelon Water



Wednesday

Breakfast

Entrees

Soy Chorizo-Scrambled Eggs, Salted-Whole Pinto beans,
Freshly Made Flour Tortillas with Cheese,
and Mild Salsa with an Avocado Garnish



Garden Omelet Stuffed with Sautéed
Broccoli, Arugula, Tomatoes, Garlic
and Lightly Topped with
Melted Havarti Cheese &
Whole Multi-Grain Buttered Toast
with a Parsley Garnish

Sides

Whole Banana or Grapes

Beverages

1% Milk, 1% Chocolate Milk, 100% Apple Juice and
100% Freshly Squeezed Orange Juice



Little Chico Creek
Unified School
District
Daily Menu

Monday

Lunch

Entrees

Locally Raised-Free Range Turkey,
Roasted To Perfection with
A Rosemary Herbed Butter-Brown Sugar Glaze,
Garnished with A Cranberry Sauce



Tender-Honey Roasted Ham,
Caramelized and Seasoned with Whole Cloves,
Garnished with A Honey Mustard Sauce

Sides

Mashed Potatoes And Turkey Gravy
Whole Wheat Honey Roll or Cornbread Muffin,
Fresh Blanched Green Beans with Toasted Almonds
And
Fresh Fruit Bar with Slices of Apples,
Oranges and Starfruit

Beverages

1%Milk, 1% Strawberry Milk,
100% Cran-Raspberry Juice,
or 100% Apple Juice

Little Chico Creek
Unified School
District
Daily Menu

Tuesday

Lunch

Entrees

Homemade "Ooey Goey" Five Cheese-Macaroni,
Ground Beef and Broccoli Casserole,
Garnished with Tomato Slices



Rigatoni Gorgonzola with Snap Peas, Cremini Mushrooms,
Yellow & Red Bell Peppers and Broccoli, Garnished with Parsley

Sides

Green Salad Made with Romaine Lettuce &
Purple Cabbage, Loaded with Tomatoes, Cucumbers,
Garbanzo Beans, Freshly Steamed Beets,
and Tossed in A Light Balsamic Parmesan Vinaigrette Dressing

Beverages

1%Milk, 1% Strawberry Milk,
100% Grape Juice,
or 100% Apple Juice

Little Chico Creek
Unified School
District
Daily Menu

Wednesday

Lunch

Entrees

Vegetable Chicken Stir Fry Made with Snow Peas,
Carrots & Water Chestnuts,
Sautéed in a Ginger-Sesame Soyaki Sauce,
Garnished with Pickled Ginger



Golden-Grilled Tilapia Marinated in An Orange-Ginger Sauce with Jicama,
Zucchini, & Cremini Mushrooms Sautéed with
Fresh Grated Ginger and Tossed with Sesame Seeds and Oil,
Garnished with an Orange Slice and Fresh Ginger

Sides

Steamed Jasmine Brown Rice
-or-
Herbed Oregano Couscous
and Cucumber, Tomatoes, and Basil Lightly Marinated
in a Vinaigrette Dressing

Beverages

1% Milk, 1% Strawberry Milk,
100% Cran-Raspberry Juice,
or 100% Apple Juice